

**Mainstay Medical International plc
("Mainstay Medical" or the "Company")**

Notice of AGM

29 July 2016

Mainstay Medical announces that the Company's Notice of AGM and its Annual Report for the year ended 31 December 2015 have been sent to shareholders today. These documents and additional documents relating to the Company's AGM will shortly be available on the Company's website at www.mainstay-medical.com.

The Company's AGM will be held at Clonmel House, Forster Way, Swords, County Dublin, Ireland on Friday, 16 September 2016 at 11:00 a.m.

For further information please contact:

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