

3 December 2018

Mainstay Medical International plc
(“Mainstay” or the “Company”)

Block Listing Return

Name of the company:

Mainstay Medical International plc

Name of the scheme:	2014 Share Option Plan
Period of return:	From: 1 June 2018 To: 30 November 2018
Number and class of securities not issued under the scheme at the beginning of the period:	405,312 ordinary shares of €0.001 each
Number of securities issued under the scheme during the period:	NIL ordinary shares of €0.001 each
Balance under the scheme of securities not yet issued at the end of the period:	405,312 ordinary shares of €0.001 each
Number and class of securities originally admitted and the date of admission:	409,374 ordinary shares of €0.001 each were admitted to ESM on 3 December 2014 as part of the block listing.

Total number of securities in issue at the end of the period:

- excluding balance of shares in Block Listing: 8,770,229 ordinary shares of €0.001 each, and 40,000 deferred shares of €1.00 each *

(* the deferred shares do not carry voting rights, are not entitled to receive any dividend or distribution and have in effect no right to a return of capital on a winding up)

Contact name and telephone number:

For further information please contact:

Mainstay Medical International plc

Tom Maher

Company Secretary

+353 1 5530221

tom.maher@mainstay-medical.com

END OF ANNOUNCEMENT